

Resources & References

Below you will find a list of resources utilized by The Arc of the Mid Ohio Valley to implement the Health & ‘Well’th program. References and citations to other materials or information used in the program are listed on the bottom of documents that are found throughout this website in the category sections and on the methodology page in the introduction section.

Resource	Agency/Business	Website
A lifetime of good health booklet	U.S. Department of Health & Human Services	www.4woman.gov/pub/pg.cfm
Accessible Communication	North Carolina Office on Disability	www.fpg.unc.edu/ncodh
Anatomical Dolls for Men & Women Be Healthy	Teach-a-Bodies	www.teachabodies.com
Beyond Baskets and Beads book	Venture Publishing	www.venturepublish.com
Boredom Busters book	Venture Publishing	www.venturepublish.com
Credo for Support DVD	Program Development Association	www.pdassoc.com
Ease into Fitness DVD	Program Development Associates	www.pdassoc.com
Fitness Equipment	SPRI	www.spri.com
Grocery Shopping in 5 Easy Steps	Friends & Authors' Series	www.habsol.com
Grooming For Life DVD	Program Development Associates	www.pdassoc.com
Growing with Care book	Venture Publishing	www.venturepublish.com
Hands On! book	Venture Publishing	www.venturepublish.com
Health and Wellth Bags	SW Resources Inc.	www.swresources.com
Health Care Resource Guide	North Carolina Office on Disability	www.fpg.unc.edu/ncodh
Health Care Tool Kit - Master Copy	Wisconsin Council on Developmental Disabilities	www.wcdd.org/publications2/pub_all_details.cfm?pubID=64
Leisure Works VHS & DVD with workbooks	Program Development Associates	www.pdassoc.com
Living Well with a Disability Training Curriculum	Rural Institute RTC University of Montana	ruralinstitute.umt.edu
Men/Women Be Healthy Breast/Scrotum models	Health Ed. Company	www.wrsgroup.com
Men/Women Be Healthy Posters/Education Needs	Anatomy Resources	www.anatomy-resources.com
Men Be Healthy Inside look at Cancer booklet	National Cancer Institute	www.cancer.gov
Men Be Healthy Men’s Health booklets	Channing Bete Company	www.channing-bete.com
Men Be Healthy Prostate Cancer booklet	National Cancer Institute	www.cancer.gov
Men Be Healthy Prostate Publication	National Cancer Institute	www.cancer.gov
Oral Health Care Information Packet	U.S. Department of Health & Human Services	www.4woman.gov/pub/pg.cfm
Orchid	North Carolina Office on Disability	www.fpg.unc.edu/ncodh
Pedometers	WV/America on the Move	www.americaonthemove.org
Planning & Organizing book	Venture Publishing	www.venturepublish.com
Recreation Resource Guide	North Carolina Office on Disability	www.fpg.unc.edu/ncodh
Removing Barriers to Health Care	North Carolina Office on Disability	www.fpg.unc.edu/ncodh

Removing Barriers to Health Clubs
Special & Festivals
Special Events book
T.S.E. shower card
Walk Your Way to Fitness DVD
Women Be Healthy Program Curriculum

North Carolina Office on Disability
Venture Publishing
Venture Publishing
Health Ed. Company
Program Development Associates
North Carolina Office on Disability

www.fpg.unc.edu/ncodh
www.venturepublish.com
www.venturepublish.com
www.wrsgroup.com
www.pdassoc.com
www.fpg.unc.edu/ncodh